



pointe
dance boutique

performance checklist

- extra tights
- hairnets, hair pins,
hair spray
- sticky strips
- stitch kit, safety pins,
small scissors
- hand sanitizer
- bottled water, healthy
snacks, mints, etc.
- first aid (neosporin,
band-aids, ace
bandage, pain
reliever, etc.)
- tissues
- stage makeup
- pointe shoe pads,
ribbons, elastic, lambs
wool, knot keepers,
toe tape, etc.