



pointe
dance boutique

dance camp checklist

- body-conditioning supplies (strengthening band, yoga mat, tennis ball)
- ace bandages, ankle and knee supports
- stitch kit, safety pins, small scissors
- pointe shoe pads, ribbons, elastic, lambs wool, knot keepers, toe tape, etc.
- socks or pointe shoe cover-ups for the hallways
- first aid (neosporin, band-aids, pain reliever, etc.)
- makeup and mirror for performances & makeup classes
- mini recorder
- notebook and pen
- sheets, towels, washcloth, pillows & toiletries
- bathing suit & towel
- plastic cups, paper plates & silverware
- pot and pan for cooking
- quarters for laundry
- combination lock for locker
- camera