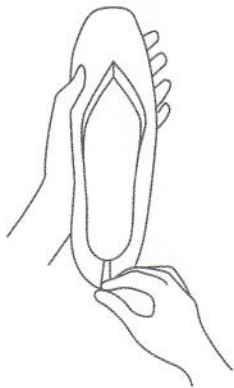


# How should we sew on the pointe shoe ribbons?

These diagrams show the most basic method of sewing ribbons. As your daughter becomes more advanced, she may develop her own preferences, such as moving the ribbon placement slightly forward or back.

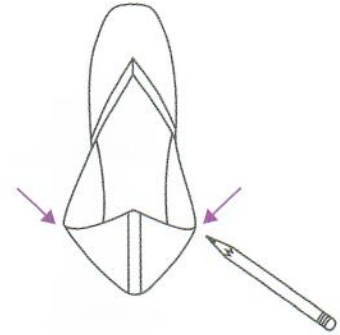
1. **T**ake the heel of the pointe shoe.



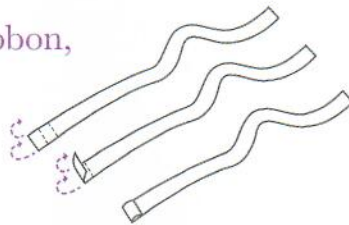
2. **P**ull it all the way forward.



3. **M**ake pencil marks inside the folds (see arrows).

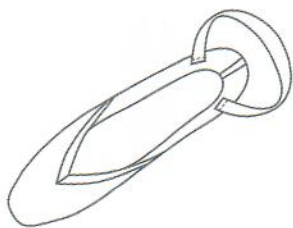


4. **B**efore you sew each ribbon, double-fold one end.

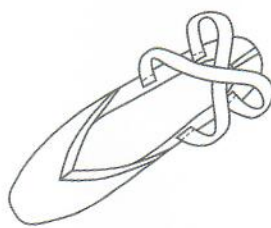


5. **S**ew the folded end inside the shoe, on the mark you made in Step 3. All done!

Always sew elastics to side of heel, not back.



Single elastic passes around the ankle.



Double elastics crisscross the foot.

